

# Gastric Sleeve

**Other Names: Vertical Gastric Sleeve, Stomach Stapling**

The sleeve gastrectomy is a reduction of gastric volume by removing approximately 80% of the stomach (figure: gold). The new stomach remnant or remains in the form of a long tube that follows the path of the lesser curvature of the stomach (figure: brown).



This is attributed to the weight loss surgery by the restriction of the stomach to receive food but also to the reduction of ghrelin (a hormone that causes appetite). The latter is because the part of the stomach is removed contains the vast majority of this hormone producing cells.

The procedure is performed by laparoscopy or minimally invasive surgery video assisted. It requires general anesthesia in all patients.

## Advantages

- Highly effective in weight loss.
- Good control of diabetes and high blood pressure.
- Less risk than the Bypass.
- It can carry a pregnancy once operated right (like all pregnant women require monitoring by your gynecologist).

## Timing

Surgery duration	2 hours
Hospital Stay	48 hours
Suggested work disability	14 days (office work)

Adaptation to normal food intake	30 to 45 days
Significant weight loss	2 to 3 months
Impressive weight loss	6 to 8 months
Maximum weight loss	12 to 14 months

## **Important Considerations**

Obesity surgery throughout the decision should be made once the patient is psychologically ready to make a dramatic change to your life. If there is a psychiatric disorder or emotional we ask you to tell us to give you the opportunity to be treated prior to your surgical event.

If you go to a valuation or fill your medical history, do not skip any illness, surgery, allergies or addictions as it is important to manage your surgery and anesthesia. All patients without exception require preoperative assessment which is basically blood tests, breathing and cardiovascular disease.

Costs refer [www.docsmexico.com](http://www.docsmexico.com) promotions where you can see what it includes. Remember that all surgical and anesthetic procedures at any branch of medicine are exposed to the possibility of complications according to the anatomy and preoperative condition of each patient. Complications requiring a longer hospital stay, use of other medications, placing nasojejunal or jejunostomy tube for feeding and / or re-interventions.

The total package cost does not include surgical hospital costs extra in case of complications. The "surgical team" will continue the treatment for the resolution of the complication and no fees will add more costs in these cases.

Remember, there is no treatment in the world to cure obesity. This is very important. Always, the ideal treatment for weight loss is diet and exercise. Unfortunately for the disease of obesity that has the statistics say that 92% did not succeed or return to their weight in less than 3 years. Obesity surgeries are not ideal to have surgical risks, but to date, no effective treatment in medicine to the "control" of obesity for these procedures. An Obese person runs many more risks for their obesity than by entering a bariatric surgery.

## **Risks and Complications of Gastric Sleeve**

The obese person is a high-risk patient for any surgical procedure of his life. The vast majority of patients who have surgery will not have major problems because of the preoperative studies. But on rare occasions there may be no satisfactory outcome even with all the preparation before and you should be aware of the risks.

In the immediate postoperative period is pain and nausea. These are handled during hospitalization with effective drugs. Obviously there will also be restrictions for the passage of food so it starts tolerance to oral liquid.

Some causes of re-surgery are leaks in the cutting and stapling of the stomach, bleeding or infection after surgery.

Serious causes that lead a patient to take him to intensive care or high risk of death include blood clots in lungs (pulmonary embolism), pneumonia, severe abdominal infection and infarction of the heart (coronary disease).For the latter always given preventive medications and preventive measures.

## Living a New Life

The sleeve gastrectomy has become one of the most effective surgeries for weight loss because it acts with restraint and hormonal control (decrease of ghrelin). Once you followed the guide for general care for a month you are given to hospital discharge, you must continue to supplement nutrition care for your surgery. This month of adaptation is more difficult but because it begins an important stage of your life by losing weight.

Weight loss changes your life that you motivate your self-control you obesity increasingly being easier. It will facilitate your exercise. And the aesthetic side effect usually improves as the weight loss.

You can always enjoy your new life as you take care of the rest of your life your surgery. The gastric sleeve patients have a personality change of optimism in common. Seeing that improves your social life, work and couples agree that everything that happened to get this quality of life was well worth it.

## What's next?

The next step is to start your preoperative evaluation. If you live near Mexicali or Imperial Valley, make an appointment for your consultation from USA (760) 545.4200 or from Mexico at (686) 555.6591.

If you are foreign contact us and request the medical history form and send it.



Any questions?  
Contact Us.

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